

Through this newsletter we provide you with some information about the Maasdam Owner's Association, the building and its neighbourhood. This newsletter and other information about (living in) the Maasdam can also be found on our website; www.vvemaasdam.nl.

Summer wine tasting

On June 8, we held a Summer Wine Tasting. It was a very pleasant evening with a total of 27 participants. Thanks to Gerrie Geraats for the organization! Pauline Gantvoort (vinologist) and Sietske van Breda from the wine shop on the Westerkade let us taste 7 wines with matching cheeses and nuts. They also explained the origin of the wines and their particularities in terms of taste and colour. It was a very successful evening at nr 9. We enjoyed a beautifully decorated place full of ambiance and cosiness.



Successful CPR/AED training

On May 25, a group of 22 residents, from young to old, received explanation and training from Procardio, the supplier of our two AEDs. They also

provide the annual replacement of the batteries and pads if necessary. The training was about how we can resuscitate and how to use the AED, when you see that your partner, friend or good neighbor becomes unwell and first aid is needed. The AEDs (automated external defibrillator) are portable devices that you can use to deliver an electric shock to the heart in case of life-threatening cardiac arrhythmias. We have 2 AEDs in the Maasdam. You can find them in the white boxes at both entrances near the elevators.

How to act?

It is important that help arrives quickly! To quickly reach someone who knows how to operate the AED, you can use the "Maasdam Alarm WhatsApp group". Of course also call 112. If you are not yet a member, please contact Erik van Berkum (nr. 105) and ask him to add you to this Alarm group. This App Group is only used for serious/acute situations and never for social traffic. Put in the app "HELP house number" As a good neighbor, you go to the site to help with resuscitation, or call 112, or open the front door so that the emergency services can enter and take the elevator. This way we can help each other.

Use AED

If someone is unwell, take the red and black bag from the cupboard (don't be alarmed, a strong alarm will go off when you open the cupboard, if you lock the door again, this will stop). You open the black bag and dry the skin with the enclosed towel, stick the stickers (from the red bag) according to the instructions and listen to what the device says and then act on the command.

Tip: put the Red Cross app on your phone. It guides you with 1 push of a button through everything you can do during a resuscitation, you can also directly call 112 within this app. The app can also be used for many other things, from tick bites to cerebral infarction.

Another training night

Because we want to give everyone the opportunity to become acquainted with how to deal with the AED and resuscitation, another training evening will be organized on **October 25, 2023**. This will take place at nr 9 between 19.30-21.30h. You can already register via Jos Moens (0622920741 or moensjos@hotmail.com) or a note in the mailbox at number 87. Please report your name (names with several participants) and your apartment number. We hope that we can welcome 20 people again on October 25th.



BBQ

Unfortunately, there were not enough registrations for the BBQ on July 22. Only 29 in total. We could move the party to Friday September 15, but would like to know more about your interest in advance. Would you answer these questions so that we get a better picture of who is coming, who is not and why? You can complete a short survey (in Dutch) via [this link](#). Or you can also answer the questions by email and send them back to Monica: mokruisman@hotmail.com

General interest in the Maasdam BBQ:

If I can, I like to come. Keep on organizing

the BBQ

- It's not necessary for me, I'd rather do something else.
- I find 10,- a threshold, I come alone if the BBQ is free or smaller amount.
- Any comments:

Date Maasdam BBQ.

- September is a better month than July.
- Month doesn't matter. If I can, I'll come.
- Friday 15 September I/we will come.
- September 15 is not convenient.
- Any comments:

Painter

The Technical Commission has mapped out the crack formation for the entire building. This is quite a bit, especially on the 1st floor. This is expected to be addressed in the coming winter months. The painter will also repaint the draft locks at the lifts.

Balcony renovations

During the ALV, the renovation of the protection layer of the balconies were discussed. It was explained that the current line is that the protection layer of the balconies is only replaced in the event of leakage. The protection layer has a lifespan of about 30 years. Regular maintenance is therefore not yet planned. However, now that we are getting closer to the 30 years after 25 years, this approach is in some cases no longer as efficient. We therefore want to give owners who intend to refurbish their balcony with a new floor from now with the option to bring this maintenance forward. This prevents refurbished balconies from having to be reopened up for regular scheduled maintenance after a relatively short period of time. We assume your consent, if you have any objections please let us know.

Power failure?

If there are problems in the meter cupboard (malfunction or leakage), report it to Eneco and not to the Technical Commission. There are stickers in the meter cupboard with Eneco's fault numbers. They can best advise you what to do and look for a solution.